

The 5 Step MAGIC LOVE FORMULA



***** "This process has made an enormous impact on me, even after 1 week!" ~Heather G.

10 INVEST IN YOURSELF!
Minutes a Day
Will Change Your Life!

Allow the Law of Attraction to help you Manifest True Love

BELIEF

Figure out what beliefs you hold about love. Where do they stem from? Childhood? Parents? How have they shaped your life? Do they make you feel empowered or defeated? If your beliefs don't thrill and excite you then figure out what you would like them to look like so that they do. Release the old and welcome the new! Determine what you want and what you don't want your beliefs about love to

2

FOCUS

Get clear on what it is that you truly do want. What is your intention and your goal? What do you want your relationship to look like and why? What propels you to want this relationship at this time in your life and why? Find your What and Why.

3

VISION

Physically feeeeeel what it feels like to have the relationship of your dreams. Now that you're clear on your goal, what does your ideal feel like in every molecule of your being? Tune in, like changing the channel on the radio, to the frequency of your desire. Meditate and visualize your perfect relationship "as if" it was already happening exactly as you wish it to be, right now! Get super excited about how it feels to be in this amazing relationship!

4

GRATITUDE

Feel thankful for all the blessings you already have in your life. Focusing on what you already have, even if it's just that you woke up this morning, helps to put the brain into a state of happiness and wellbeing. That is the place where magic manifests. The Universe won't give you more if you aren't grateful for what you already have.

5

ACTION

What actions will you take to bring your ideal vision into fruition? What kinds of practices, habits, techniques and positive mindset tools can you implement to help make this dream your reality?

For daily support, get the app!
Manifest Your Soulmate

